



Massapequa Unit Registration Dates for Spring 2007 Programs

510 Parkside Blvd., Massapequa, NY 11758

www.MassapequaPAL.org (516) 541-3621 copsnkids@MassapequaPAL.org

Registration for Summer Bowling

Thursday, 3/22/07; Friday, 3/23/07 Monday, 3/26/07 - 4 pm to 6 pm

Registration for April / May Tennis Program

Thursday, 3/22/07 - 5:00 pm to 7:00 pm & Saturday, 3/24/07 - 10:00 am to noon

Registration for Boys / Girls Lacrosse Clinic and Track Program

Thursdays, 3/29/07 & 4/12/07 - 6:00 pm to 9:00 pm & Saturdays, 3/31/07 & 4/14/07 - 9:00 am to noon

*Lacrosse Clinic, Track & Tennis Registrations will be held at the Massapequa P.A.L. Trailer
510 Parkside Blvd. in Massapequa (Northeast corner of LIRR's Massapequa Station)
Bowling registers at Massapequa Bowl on the dates & times listed below.*

2007 Spring Programs

<u>TRACK</u>	Boys & Girls - Ages 5 thru 17 inclusive Registration Fee: \$30.00 – Includes T-Shirt and Participation Award Practice held locally on one weeknight per week (Specific location TBA) County-wide Track Meets will be held on Saturdays throughout Nassau County **ADULT VOLUNTEERS ARE DESPARATELY NEEDED TO ASSIST WITH THIS PROGRAM**	Season : April thru mid-June
<u>LACROSSE CLINIC</u>	Boys and Girls Grades K, 1 and 2 ONLY (As of 1-1-07) Registration fee: \$50.00 includes T-Shirt and participation award (Players provide their own stick) Clinic sessions held on Mondays beginning in early May for 6 weeks at the Berner Middle School. Parent / Guardian must attend sessions.	
<u>KARATE</u>	Boys & Girls - Ages 7 & up ONLY Three-month program runs throughout the year. Cost: \$50 per three-month session. Register at the first class session – beginning Wednesday, April 11th - 7 pm to 8:30 pm as follows: Mondays – Fairfield School Gym * Wednesdays – East Lake School G.P. Room Thursdays – Ames 9th Grade Center Gym * Fridays – Fairfield School Gym	
<u>TENNIS INSTRUCTION</u>	– Boys & Girls Grades 1 – 12 (Beginners & Advance Beginners) Registration fee: \$95 per each six-session program payable to Woodmont Sports . Registration for the March / April sessions will take place on Thursday, 3/22 from 5 pm to 7 pm and on Saturday, 3/24 from 10 am to noon at our P.A.L. office . Visit our website for class schedules and future registration dates or call the P.A.L. Tennis office @ (516) 409-4414. Tennis lessons are held at Sportime in Massapequa.	
<u>SUMMER BOWLING</u>	Massapequa Bowl, 4235 Merrick Rd., Massapequa -Telephone (516) 541-8000	
*HAVE A BALL PROGRAM -	Boys and Girls, Ages 4 – 16, Registration fee: \$15.00, Program Cost: \$13.00 per week Have-A-Ball 10-week (Thursdays only) program starts Thursday, June 28 th , 12:30 pm to 2:30 pm, and includes a custom drilled bowling ball & bag upon completion.	
	Other Bowling Programs	
*BUMPER BOWLING –	Boys and Girls, Ages 4 – 7, Registration fee: \$15	2 Games - \$6.00 per week
*JUNIOR BOWLING –	Boys and Girls, Ages 8 – 11 Registration fee: \$15	3 Games - \$8.00 per week
*TEEN BOWLING –	Boys and Girls, Ages 12 & up Registration fee: \$15	3 Games - \$8.00 per week
	<u>Runs:</u> Mondays, Wednesdays, or Thursdays 12:30PM – 2:30PM starting on June 25 th . All registrants receive a T-shirt and trophy.	
Registration:	Thursday, Mar. 22nd, Friday, Mar. 23rd or Monday, Mar.26th; - 4:00 pm to 6:00 pm Registration fee to be paid in cash or check made payable to Massapequa P.A.L. All bowling registrations are taken at Massapequa Bowl.	